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November 19, 2018

Issue 5



<u>A Rural Community Decided To Treat Its</u> <u>Opioid Problem Like A Natural Disaster</u> (NPR, October 28, 2018)

When a local police chief and the county sheriff realized their jails were serving as

defacto detox centers, leaders declared the opioid epidemic a lifethreatening emergency. The county is now responding to the drug crisis as if it were a natural disaster, becoming the first county in the country to do so. Read full article <u>here</u>.



America shares their stories

Opioids killed more people last year than either car accidents or gun violence. This crisis of addiction can affect any American, from all-state football captains to stay-at-home mothers. As a result, Americans across the country are feeling the weight of the crisis next door.

Share your story by uploading a video about how you overcame addiction, volunteered at a recovery center, or worked as a family to

help a loved one get on the path to recovery.

Share your Story

What is in this Issue

A Rural Community decided to treat its Opioid problem like a natural disaster

The Crisis Next Door

Substance Use in California

Webinar: Risk and Trajectory

<u>Fundamentals of</u> <u>Addiction Medicine</u> <u>CME Course</u>

<u>Valuable</u> <u>Resources</u>

Podcast: Finding Fixes

Accelerating Opioid Safety AMBULATORY CARE TOOLKIT

Our Pathways to Health Workshops

Morphine Equivalent



Substance Use in California: A Look at Addiction and Treatment

<u>California Health Care Foundation's Almanac Publication on</u> <u>Substance Use in California</u>

CHCF recently published its most recent data available to provide an overview of substance use and addiction in California. Topics include prevalence of substance use disorder, use of alcohol and other drugs, mortality, emergency department use, treatment, workforce, and spending. Click **here** to see the full report and quick reference guide.

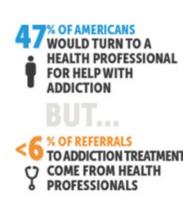


Webinar: Risk and Trajectory

Substances and the impact of substances garner most of the attention in addiction treatment, but young people demonstrate risk factors for problematic substance use years before they try any chemical. These risk factors continue to adversely compromise a young person's resiliency and trajectory even after sobriety.

Join Joseph Lee, MD, ABAM, as he discusses the science behind the identification of high-risk youth, and how to strategize their care management throughout the recovery process.

Register <u>here</u>.



Fundamentals of Addiction Medicine CME Course

The American Society of Addiction Medicine (ASAM) is offering a new 40-hour continuing medical education (CME) program. It's for primary care and other providers who identify, treat, and/or refer patients at risk for or with addiction — specifically, those who received little addiction education during their training. Curriculum formats include on-demand, 24/7, and case-based learning. The course includes waiver training.

Register Here

Academic Detailing

Calculator

Safe Prescribing Guidelines

Medication Disposal Bins locations Flyer

Complete Reference Manual for Assessment and Treatment of Acute and Chronic Pain

Up Coming Events

Rx Safe Humboldt Coalition Meeting is Friday, November 30th from 8:30-9:30 am

<u>The Connection</u> <u>HPRC Calendar of</u> <u>Events</u>

Save the Date April 26, 2019 Opioid Safety Conference at the River Lodge in Fortuna

More than 1 in 10 American adults experience chronic pain

>>> Chronic pain is defined as pain that lasts >3 months



Our team of opioid and chronic pain academic detailers have been making the rounds all over Humboldt County to support physicians. Our curriculum spans topics such as: Informed consent, Assessments, Prescription Drug Monitoring Program (CURES), Naloxone, and Opioid Use Disorder Management. We are available to meet one-on-one or in a group setting like an all-staff meeting. We tailor our discussion to fit the time you have available, from 15 minutes to 1 hour, we are willing to meet you where you are at.

If you or someone you know is interested in talking with our team of academic detailers, please contact Dr. Mary Meengs by **email**.

CURES Mandatory Use

The Controlled Substance Utilization Review and Evaluation System (CURES) was certified for statewide use by the Department of Justice (DOJ) on April 2, 2018. Therefore, the mandate to consult CURES prior to prescribing, ordering, administering, or furnishing a Schedule II–IV controlled substance becomes effective on October 2, 2018. A list of frequently asked questions (FAQs) regarding CURES mandatory use is available on the Medical Board's website <u>here</u>.



For additional information regarding the new CURES system, visit the Medical Board's **website** or tune into the webinar they created **here**.

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